

Alessandra Lemma – Keynote Speaker

‘The Disintermediation of Desire: Technology, The Body and Sex’

The lecture will explore the impact of new technologies on the work of desire.

Professor Alessandra Lemma is a Clinical Psychologist and Psychoanalyst and Fellow of the British Psychoanalytical Society. She has worked in the NHS for over 25 years specializing in the treatment of adults and adolescents. She is Co-Director of the Young People Therapy and Consultation Service at the Queen Anne Street Practice. Alongside her private practice she continues to be Professor of Psychological Therapies at the Tavistock and Portman NHS Foundation Trust and Essex University.

Judith Barac

Tokophobia - Crisis of pregnancy

Drawing on the experience of using a psychodynamic approach to anxiety relating to pregnancy and birth, this session will explore ways of understanding and thinking about these anxieties. How can women be supported through this anxiety, whilst providing a thinking space that can find meaning within the context of previous trauma and attachment issues?

Biography

Judith trained as a midwife and has a longstanding interest in the psychosocial aspect of pregnancy and parenthood. She has worked in a variety of jobs to enhance the psychosocial aspects of pregnancy, raising the profile of these areas within the profession. This includes her role as a specialist perinatal midwife, managing perinatal psychiatric services and working as the safeguarding lead for vulnerable

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women and babies. She recently led an award winning perinatal education project.

Judith trained as a psychodynamic psychotherapist at WPF and currently runs a specialist clinic for women with tokophobia whilst also working as a psychotherapist delivering short-term contracts with adults experiencing acute psychosocial crisis. Both these roles are within the NHS.

She also works in private practice as a psychodynamic psychotherapist

Jennifer von Baudissin

Jennifer has confirmed that she will be presenting a break out session at the conference entitled “Practicing as the only psychodynamic psychotherapist in Dubai”.

Biography

Jennifer has been working as a Psychodynamic Psychotherapist in Dubai since 2010. Firstly she worked at the Cooper Clinic, a pediatric and gynecologist/obstetrician’s clinic. This was followed by working at the German Neuroscience Centre and as a student counselor at the Wollongong University in Dubai. Jennifer is currently working at Lighthouse Arabia, a community mental health and wellness clinic in Dubai. She is also in the process of setting up her own clinic in Dubai Health Care City. Jennifer trained at WPF and is a member of FPC.

Svetlana Palmer

Svetlana Palmer was born in Russia and is a British documentary filmmaker and author. Her credits include BAFTA-nominated *Cold War* (BBC2/CNN), RTS-winner *The Second World War in Colour* (ITV), *The First World War* (C4) and BBC docu-dramas including *Space Race* and *Nuclear Secrets*. She is also co-author of *A War in Words* (Simon and Schuster 2003) and *We Were Young and At War* (Collins 2009).] Svetlana graduated from WPF this year. She is currently setting up in private practice and is attempting to integrate her experience in both fields.



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Taking both its title and spirit from the Controversial Discussions in the British Psychoanalytic Society that took place in wartime London after the death of Freud, "Controversial Discussions for the XXIst Century" examines the history, legacy and contemporary resonance of the original Discussions. Andre Green regarded these as 'the most important document in the history of psychoanalysis'. The film, which is a PEP Web Video Grant Project Winner, features interviews with leading British psychoanalysts and is available to view on PEP Web. The break out session will include a short extract from the film and look at the importance of interdisciplinary dialogue for contemporary psychotherapy.

Anna Bravesmith

Biography

Anna Bravesmith is a Jungian analyst, member of the Society of Analytical Psychology and holds the SAP Diploma in Supervision. She has trained psychodynamic supervisors at WPF for 6 years. She is also an accredited Dynamic Interpersonal Therapy practitioner, supervisor and trainer. She has a private analytic practice in London in Highgate, for long-term patients, and has also worked for more than 15 years providing Brief Dynamic Psychotherapy in NHS in various primary care services in London. She is a highly experienced supervisor of psychotherapists, and counselors and teaches at many London based training organisations. She has published papers on Supervision theory, Brief Therapy, and Jungian Analysis.

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Becoming a supervisor: training to supervise and the complex secret of the supervisory mind

After qualifying as an analytic psychotherapist and gaining experience, one of the most interesting paths forward is to train as a supervisor and to develop an identity, which places the practitioner in a multi-dimensional world of thoughts. It's a web of intersecting threads held together by the supervisory mind and its selected facts, kept alive through a dynamic relationship with the supervisee. This break out session will reflect on the



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processes and steps of supervisory training and the synergistic individuating impact on personality that occurs through it. Learning involves de-integration and re-integration and this is accompanied by psychological growing pains requiring a strong enough self to sustain each individual learner through the process. We will consider this in detail and try to gain an experiential flavour of being a trainee supervisor through exercises and dialogues.

Helen Logan

Addiction

Helen is an integrative therapist working solely in private practice in Surrey and London. Prior to this she was the behind the scenes therapist for an ITV day time programme for over a decade and more recently the South East care coordinator for a private addiction treatment company. Helen has a particular interest in the phenomenology and treatment of addiction – in all its forms - and is in long-term recovery herself from substance abuse.

Amelie Noack

Social Dreaming

Amélie Noack is a Training Group Analyst and supervisor of the Institute of Group Analysis, as well as a former Convenor of the IGA Foundation Course (London) and their Qualifying Course. She is also a Jungian Analyst, a member of the BPF and the British Jungian Analytic Association. She is working in private practice in London with individuals and groups, teaches and supervises in the UK and abroad, by combining Jungian Analysis, Group Analysis and Winnicott's contribution, having been a former Assistant Director of the Squiggle Foundation, and also hosts Social Dreaming events.

